

4 x 100m Women Relay Final , Time: 19:41

Heat: 1

Rank	Relay Team	BIB's	Athletes	Result	Info
0	GHA	111	Sackey Eunice	GHA	46.54
		105	Adu Achiaa Stephanie	GHA	
		208	Kate Agyeman	GHA	
		216	Mary Boakye	GHA	
0	NGR	20	Lcpl. Obidigwe Chukwuebuka	NGR	49.08
		26	Pte. Onuwor Miracle	NGR	
		8	Lcpl. Aniebiet John	NGR	
		14	ACM. Egbochinam EC	NGR	

4 x 100m Men Relay Final , Time: 19:48

Heat: 1

Rank	Relay Team	BIB's	Athletes	Result	Info
1	KEN	152	Sgt Mike Mokamba	KEN	40.25
		146	Gnr Meshack Babu	KEN	
		145	Cpl Samuel Chege	KEN	
		140	Cpl Boniface Mweresa	KEN	
2	GHA	214	Shaibu Marizuk	GHA	40.66
		121	Musah Iddrisu	GHA	
		215	Solomon Diafo	GHA	
		125	Arko - Bawuah Augustine	GHA	
3	NGR	38	"FG OFFER, H.Y Dogo"	NGR	42.65
		3	Lcpl. Adeyemi AP	NGR	
		1	Lcpl. Abu GM	NGR	
		48	LCP. Onoja JO	NGR	

4 x 400m Women Relay Final , Time: 20:02

Heat: 1

Rank	Relay Team	BIB's	Athletes	Result	Info
1	ETH	85	Nuramo Tigist Girma	ETH	3:47.59
		95	Hisabo Meheret Ashamo	ETH	
		87	Atera Roman Tsegaye	ETH	
		88	Woldeabzgi Rahel Tesfaye	ETH	
2	GHA	107	Fatao Mariama	GHA	3:51.72
		208	Kate Agyeman	GHA	
		216	Mary Boakye	GHA	
		207	Bayor Hildamary	GHA	
3	NGR	19	OSPTI. Obaweya OO	NGR	3:55.85
		24	ACW. Okafor SC	NGR	
		5	Pte. Akpan Blessing	NGR	
		22	OSPTI. Ofem II	NGR	

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4	KEN	134 L/Cpl Vivian Chebet 132 L/Cpl Mercy Wanjiru 139 Spte Mercy Oketch 138 Spte Loice Morara	KEN KEN KEN KEN	4:24.42
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4 x 400m Men Relay Final , Time: 20:12

Heat: 1

Rank	Relay Team	BIB's Athletes		Result Info
1	ALG	63 Boudjemma Abdenour 67 Hamada Fouad 0 68 Hamouni Anas ES-Saddik	ALG ALG ALG	3:04.58
2	KEN	145 Cpl Samuel Chege 40 Pte. Isaac Mathew 206 Cpl Kelvin Tauta 155 Spte Weisman Were	KEN NGR KEN KEN	3:06.51
3	GHA	215 Solomon Diafo 120 Mammoudu Seidu Baba 118 Kissinard Solomon 116 Dampey Banabas	GHA GHA GHA GHA	3:09.51
4	ETH	92 Ayele Dejene Teshhome 97 Doyak Rout Choul 104 Wegi Yobsan Biru 90 Abate Addisu Alemneh	ETH ETH ETH ETH	3:21.11
5	NGR	51 Lcpl. Sanusi Ibrahim 43 ACM. Obi G 29 Pte. Abdulhamid Usman 32 SMCOMP. Edet UI	NGR NGR NGR NGR	3:27.11

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