

8TH GUSA GAMES ATHLETICS CHAMPIONSHIPS - UCC 202

UNIVERSITY OF CAPE COAST

1/13/2025

Results

Team Scores Men - 18 Events Scored

1. UCC	166	2. UG	143.5
3. UDS	108.5	4. KNUST	93
5. UEW	74.5	6. AAMUSTED	31
7. UENR	26	8. SDD-UBIDS	14
9. GCTU	8	10. UHAS	3.5
11. UMAT	1		

Team Scores Women - 16 Events Scored

1. UEW	122	2. UG	119.5
3. UCC	111.5	4. UDS	79
5. KNUST	68	6. UENR	38
7. AAMUSTED	7	7. UPSA	7
9. SDD-UBIDS	4		

Team Scores Mixed - 1 Events Scored

1. UDS	10	2. KNUST	8
3. UG	6	4. UENR	5
5. UEW	4	6. UCC	3

BTH GUSA GAMES ATHLETICS CHAMPIONSHIPS - UCC 202

UNIVERSITY OF CAPE COAST

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Results

Event 1 400m Hurdles Men

Final

<u>Place</u>	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>	<u>Points</u>
Heat 1				
1	Acheampong, Owusu Mordecai	UG	52.61	5
2	Musah, Amadu	UDS	52.74	4
3	Caleb, Agyei Asiedu	AAMUSTED	53.82	3
4	Fahad, Haruna Bawumai	KNUST	55.95	2
5	Washington, Emmanuel	UMAT	58.11	
6	Abdul Rahman, Suraka	UEW	59.53	
7	Kumadzor, Lawrence	UCC	1:00.38	

<u>Place</u>	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>	<u>Points</u>
Heat 2				
1	Turkson, Osborn	UCC	51.31	10
2	Anane, Maxwell Asamoah	KNUST	52.37	8
3	Turkson, Godson Emmanuel	UG	52.57	6
4	Anokye, Blessing	UEW	57.25	1
5	Annobil, Eric	UDS	57.46	

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Results

Event 2 400m Hurdles women

Final

<u>Place</u>	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>	<u>Points</u>
Heat 1				
1	Aduntira, Grace	UDS	1:00.42	10
2	Adjei, Agnes Adwoa	UG	1:00.50	8
3	Bushiratu, Abdul Rahman	UEW	1:02.40	6
4	Kyeraa, Deborah Akua	UCC	1:11.02	5
5	Pelpuo, Regina Dabuo	UEW	1:13.03	4

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Results

Event 3 100m Men

Prelims

<u>Place</u>	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
Heat 1		Wind: -0.2 M/S E	
1	Cudjoe, Michael	UCC	10.61 Q
2	Mbilla, Moses	UG	10.83 Q
3	Eku, Fletcher Gabriel	UDS	10.85 q
4	Ali, Alhassan	UEW	11.00 q
5	Adugbire, Mustapha	UENR	11.65
6	Quayson, Emmanuel Abakah	UMAT	11.72
---	Marizuk, Shaibu	KNUST	FS
<u>Place</u>	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
Heat 2		Wind: -1.4 M/S SE	
1	Kyeremateng, Nathaniel	UG	11.04 Q
2	Baah, Eric	UCC	11.12 Q
3	Appiah, Maxwel Owusu	AAMUSTED	11.45
4	Alidu, Abdul Halim	UESD	12.06
5	Nnuro, Francis Kwaku	UDS	12.11
6	Akuta, Francis	SDD-UBIDS	12.17
7	Adadevoh, Elisha	GCTU	12.20
<u>Place</u>	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
Heat 3		Wind: -0.3 M/S SE	
1	Nkrumah, Harrison	UEW	10.69 Q
2	Caleb, Adjei Preprah	AAMUSTED	11.25 Q
3	Acheampong, Christopher	UMAT	11.53
4	Anthony Jnr, Manu	UENR	11.88
5	Boadu, Emmanuel	GCTU	11.95
6	Finch, Hude Bright	SDD-UBIDS	12.00
---	Sherif, Abdul Razak	KNUST	FS

Top 2 places + 2 next fastest times advance to next round

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Results

Event 3 100m Men

Final

<u>Place</u>	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>	<u>Points</u>
Heat 1		Wind: -3.2 M/S SE		
1	Ekun, Fletcher Gabriel	UDS	10.78	10
2	Cudjoe, Michael	UCC	10.86	8
3	Nkrumah, Harrison	UEW	10.86	6
4	Kyeremateng, Nathaniel	UG	10.88	5
5	Baah, Eric	UCC	10.94	4
6	Mbilla, Moses	UG	10.98	3
7	Ali, Alhassan	UEW	11.43	2
8	Caleb, Adjei Preprah	AAMUSTED	11.58	1

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Results

Event 4 100m Women

Prelims

<u>Place</u>	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
Heat 1		Wind: -0.3 M/S S	
1	Kusime, Diamond	UEW	11.92Q
2	Mensah, Janet	KNUST	11.97Q
3	Anaglo, Mawusi Priscilla	UG	11.99Q
4	Awuni, Zeinab	UCC	12.10q
5	Donkor, Rebecca	AAMUSTED	13.59q
6	Nadice, Lawson Sussana	GCTU	14.56
7	Senyeabor, Alorsita Seyram	UESD	15.03

<u>Place</u>	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
Heat 2		Wind: -0.9 M/S SE	
1	Agbokpah, Stella	UG	12.15Q
2	Agyei, Rebecca	UEW	12.60Q
3	Afryie, Doris	UCC	12.76Q
4	Clarkson, Perthulla Nyarko	UESD	15.18
5	Acquah, Nhyira Esaaba	GCTU	15.69

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Results

Event 4 100m Women

Final

<u>Place</u>	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>	<u>Points</u>
Heat 1		Wind: -1.3 M/S SE		
1	Mensah, Janet	KNUST	12.15	10
2	Kusime, Diamond	UEW	12.29	8
3	Awuni, Zeinab	UCC	12.35	6
4	Anaglo, Mawusi Priscilla	UG	12.36	5
5	Agbokpah, Stella	UG	12.45	4
6	Agyei, Rebecca	UEW	12.66	3
7	Afryie, Doris	UCC	12.94	2
8	Donkor, Rebecca	AAMUSTED	13.81	1

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Results

Event 5 Shot put Women

Final

<u>Place</u>	<u>Name</u>	<u>Affiliation</u>	<u>Mark</u>	<u>Points</u>
Flight 1				
1	Sumaila, Rukaya	UG	11.74	10
2	Arhin, Benedicta	UEW	9.94	8
3	Owusu, Belinda	UCC	9.27	6
4	Gazari, Francisca	UDS	9.13	5
5	Pilla, Grace	UEW	9.00	4
6	Ubeida, Wahid	SDD-UBIDS	8.67	3
7	Madjianor, Theodora Tsaakie	KNUST	8.11	2
8	Edith, Naah	SDD-UBIDS	7.20	1
9	Balogun, Rukaya Ageke	UG	6.53	
10	Teley, Anany Rebecca	KNUST	6.31	

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Results

Event 6 400m Men

Prelims

<u>Place</u>	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
Heat 1			
1	Diafo, Solomon	KNUST	46.69Q
2	Acheampong, Owusu Mordecai	UG	47.12Q
3	Turkson, Osborn	UCC	49.18q
4	Boateng, Joseph	UENR	51.23
5	Fokuo, Paul	AAMUSTED	53.58
<u>Place</u>	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
Heat 2			
1	Nyame, Charles	UDS	47.41Q
2	Agyemang, Emmanuel Kwaku	UCC	47.48Q
3	Bayee, Ibrahim	UG	48.76q
4	Yram, Eugene	UEW	49.97
5	Arthur, Vincent Brobeey	AAMUSTED	50.76
6	Washington, Emmanuel	UMAT	50.84
<u>Place</u>	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
Heat 3			
1	Addo, Frank	UDS	47.61Q
2	Owusu, Prince	UEW	48.26Q
3	Amankwatia, Michael	UENR	50.20

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Results

Event 6 400m Men

Final

<u>Place</u>	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>	<u>Points</u>
Heat 1				
1	Diafo, Solomon	KNUST	46.52	10
2	Addo, Frank	UDS	46.59	8
3	Acheampong, Owusu Mordecai	UG	46.84	6
4	Nyame, Charles	UDS	46.86	5
5	Agyemang, Emmanuel Kwaku	UCC	47.65	4
6	Owusu, Prince	UEW	48.07	3
7	Turkson, Osborn	UCC	49.08	2
---	Bayee, Ibrahim	UG	DNS	

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Results

Event 7 400m Women

Prelims

<u>Place</u>	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
Heat 1			
1	Aduntira, Grace	UDS	55.85Q
2	Amonu Gyamfua, Helena Sarfo	KNUST	57.90Q
3	Boamah, Elizabeth	UCC	59.65Q
4	Nyarko, Daniel Kyei	UENR	1:00.65q
5	Alifa, Gavey	UEW	1:01.97
6	Sherifatu, Abdulai	SDD-UBIDS	1:08.12
7	Arkorful, Alice Andzewa	UMAT	1:16.27
<u>Place</u>	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
Heat 2			
1	Bedih, Bernice	UDS	54.73Q
2	Agyeman, Florence	KNUST	55.80Q
3	Aboagye, Portia	UENR	58.31Q
4	Husein, Fatima	UEW	59.58q
5	Donkor, Portia	UCC	1:01.13

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Results

Event 7 400m Women

Final

<u>Place</u>	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>	<u>Points</u>
Heat 1				
1	Agyeman, Florence	KNUST	53.97	10
2	Bedih, Bernice	UDS	54.71	8
3	Aboagye, Portia	UENR	54.88	6
4	Aduntira, Grace	UDS	55.63	5
5	Amonu Gyamfua, Helena Sarfo	KNUST	58.15	4
6	Husein, Fatima	UEW	58.73	3
7	Nyarko, Daniel Kyei	UENR	59.33	2
---	Boamah, Elizabeth	UCC	DNS	

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Results

Event 8 High Jump Women

Final

<u>Place</u>	<u>Name</u>	<u>Affiliation</u>	<u>Mark</u>	<u>Points</u>
Flight 1				
1	Obenewaa, Esther Afia	UEW	1.70	10
2	Awimpoka, Adonnko Selina	UDS	1.65	8
3	Sakyi, Scholastica	UG	1.60	6
4	Gagba, Doreen	UG	1.50	4.5
4	Adoma, Faustina Akua	UCC	1.50	4.5

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Results

Event 9 5000m Men

Final

<u>Place</u>	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>	<u>Points</u>
Heat 1				
1	Nakousi, David	UG	14:47.06	10
2	Salifu, Seidu	UG	15:10.45	8
3	Oduro, Samuel	UENR	15:31.39	6
4	Korah, James	UEW	15:31.43	5
5	Tampuli, Bernard	AAMUSTED	15:33.52	4
6	Bashiru, Awini Abdul	UCC	15:33.81	3
7	Mohammed, Laar	UDS	15:44.46	2
8	Gyamfi, Joseph	AAMUSTED	16:14.15	1
9	Dimbu, Obed	UENR	16:46.97	
10	Ayambila, Martin	UCC	16:56.83	
---	Armo, Emmanuel	UMAT	NT	
---	Saboggu, Abdul Walid	SDD-UBIDS	NT	
---	Sumaila, Yussif	GCTU	NT	
---	Twum, Amprah	UMAT	NT	
---	Bachala, Rahman A.	SDD-UBIDS	NT	
---	Anyenaba, Amos	CKT-UTAS	NT	
---	Awine, Emmanuel	CKT-UTAS	NT	
---	Legurbe, Ntefune Joel	UDS	NT	
---	Eduful, Ebenezer	UEW	NT	
---	Djaba, Awatey Gabriel	UESD	NT	

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Results

Event 10 Javelin Men

Final

<u>Place</u>	<u>Name</u>	<u>Affiliation</u>	<u>Mark</u>	<u>Points</u>
Flight 1				
1	Zusangbe, Carlos	SDD-UBIDS	50.52	10
2	Iddrisu, Sharif	UDS	48.27	8
3	Abakla, Joel Seyram	GCTU	46.18	6
4	Amponsah, Dennis	UEW	45.67	5
5	Fusheini, Abdul-Jelil	UDS	44.81	4
6	Okai, Emmanuel	UCC	44.63	3
7	Twi, Acheampong De-graft 3	UG	43.41	2
8	Fiiifi, Addison Narthan	UG	42.79	1
9	Akangerige, Kenneth	UEW	42.64	
10	Kuffour, Charles	KNUST	38.27	
11	Nyamadi, Gabriel	UMAT	37.06	
12	Akolga, Prince	UMAT	34.23	
13	Mustapha, Sumaila	CKT-UTAS	32.41	
---	Mohammed, Abdul-Basit	CKT-UTAS	NM	

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Results

Event 11 Triple Jump Men

Final

<u>Place</u>	<u>Name</u>	<u>Affiliation</u>	<u>Mark</u>	<u>Wind</u>	<u>Points</u>
Flight 1					
1	Oyeyoni, Oyewale-Johnson	UG	16.28	+1.2	10
2	Okai, Emmanuel	UCC	14.56	+0.8	8
3	Ghampson, Emmanuel	UEW	14.24	+0.6	6
4	Iawreh, Emmanuel	UCC	14.20	+0.6	5
5	Agyemang, Andy Kwabena	UEW	13.80	+0.2	4
6	Appiah, Gideon Essel	GCTU	NM	NWI	
6	Acheampong, Christopher	UMAT	NM	NWI	
6	Ofosu, Bruce-Mills Nana	GCTU	NM	NWI	

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Results

Event 12 1500m Men

Final

<u>Place</u>	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>	<u>Points</u>
Heat 1				
1	Nakousi, David	UG	3:48.11	10
2	Abokyi, Daniel Gawuga	UCC	3:52.74	8
3	Bashiru, Awini Abdul	UCC	3:53.53	6
4	Tininya, Kombat	UDS	3:57.78	5
5	Mensah, Isaac	UG	4:02.98	4
6	Fuseini, Adam	AAMUSTED	4:04.65	3
7	Adama, Salam	KNUST	4:05.53	2
8	Mohammed, Ali Abbas Shaban	UENR	4:05.92	1
9	Anyenaba, Amos	CKT-UTAS	4:19.93	
10	Tetteh, David	KNUST	4:21.08	
11	Aselise, Abel	UENR	4:27.24	
12	Tahiru, John	AAMUSTED	4:27.61	
13	Haruna, Abdul Gafaru	SDD-UBIDS	4:28.97	
14	Abugri, Stephen	SDD-UBIDS	4:34.54	
15	Awine, Emmanuel	CKT-UTAS	4:35.13	
16	Akali, Patrick	UEW	4:35.95	
17	Lampsey, Matthew Ni	UMAT	4:52.87	
18	Djaba, Awatey Gabriel	UESD	5:48.89	
---	Sumani, Abraham	UDS	DNF	
---	Germain, Kofi	UEW	DNF	
---	Armo, Emmanuel	UMAT	DNF	

BTH GUSA GAMES ATHLETICS CHAMPIONSHIPS - UCC 202

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Results

Event 13 4x400 mixed Relay

Final

<u>Place</u>	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>	<u>Points</u>
Heat 1				
1	UDS - 4x400m Mixed Relay	UDS	3:25.83	10
2	KNUST - 4x400m Mixed Relay	KNUST	3:26.72	8
3	UG - 4x400m Mixed Relay	UG	3:31.25	6
4	UENR - 4x400m Mixed Relay	UENR	3:34.79	5
5	UEW - 4x400m Mixed Relay	UEW	3:35.40	4
6	UCC - 4x400m Mixed Relay	UCC	3:36.29	3

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Results

Event 14 110m Hurdles Men

Final

<u>Place</u>	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>	<u>Points</u>
Heat 1				
Wind: +1.1 M/S N				
1	Annobil, Eric	UDS	14.60	10
2	Afryie, Theophilus	UG	14.91	8
3	Iawreh, Emmanuel	UCC	15.82	6
4	Gyasi, Samuel	UCC	16.28	5
5	Abdul Rahman, Suraka	UEW	16.77	4
6	Paul, Owusu Debrah	KNUST	16.85	3
---	Antiedu, Peter	UEW	DNS	

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Results

Event 15 100m Hurdles Women

Final

<u>Place</u>	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>	<u>Points</u>
Heat 1				
Wind: -3.3 M/S SE				
1	Agnes, Dufie	UDS	15.09	10
2	Bushiratu, Abdul Rahman	UEW	15.82	8
3	Doak, Emelia	UCC	20.30	6
---	Pelpuo, Regina Dabuo	UEW	DNS	

BTH GUSA GAMES ATHLETICS CHAMPIONSHIPS - UCC 202

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Results

Event 16 Discus Women

Final

<u>Place</u>	<u>Name</u>	<u>Affiliation</u>	<u>Mark</u>	<u>Points</u>
Flight 1				
1	Owusu, Belinda	UCC	38.64	10
2	Adukoma, Michelle Akolgo	KNUST	34.29	8
3	Kwopiu, Diana	UCC	26.91	6
4	Dampson, Justina	UEW	26.04	5
5	Toffah, Jessica Aba Nketiah	UG	24.42	4
6	Anane, Muah Jennifer	UPSA	23.55	3
7	Arhin, Benedicta	UEW	22.78	2
8	Azangyire, Mary-Ann Abagale	KNUST	21.71	1
9	Magdalene, Suuk	UDS	20.76	
10	Yennulom, Suuk Alice	UDS	19.52	
11	Balogun, Rukaya Ageke	UG	15.40	

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Results

Event 17 shot put Men

Final

<u>Place</u>	<u>Name</u>	<u>Affiliation</u>	<u>Mark</u>	<u>Points</u>
Flight 1				
1	Bugase, Rexford	UCC	13.78	10
2	Anning, Kinsley Darko	UDS	12.72	8
3	Baatah, Dramani	UCC	12.43	6
4	Sakyi, Livingspring Offei Kwayini	KNUST	11.68	5
5	Darkwa, Lucious Oduro	UENR	11.32	4
6	Hamza, Firidaus Mohammed	UDS	11.10	3
7	Mutalabi, Alhassan	KNUST	11.03	2
8	Arimiyaw, Alhassan	SDD-UBIDS	10.76	1
9	Akangerige, Kenneth	UEW	10.51	
10	Esono, Enrique	UMAT	10.37	
11	Brafo, Godfred	UEW	10.36	
12	Darko, Kingsley	GCTU	9.92	
12	Boateng, Isaac Kofi	UG	9.92	
14	Obuobi, Bernard	UG	9.63	
15	Mohammed, Abdul-Basit	CKT-UTAS	9.24	
16	Akolga, Prince	UMAT	8.34	

BTH GUSA GAMES ATHLETICS CHAMPIONSHIPS - UCC 202

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Results

Event 18 200m Men

Prelims

<u>Place</u>	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
Heat 1		Wind: -1.5 M/S SE	
1	Kyeremateng, Nathaniel	UG	21.74 Q
2	Sherif, Abdul Razak	KNUST	21.76 Q
3	Cudjoe, Michael	UCC	21.87 q
4	Appiah, Maxwell Owusu	AAMUSTED	22.89
5	Boateng, Joseph	UENR	22.93
6	Alidu, Abdul Halim	UESD	23.98
---	Korsah, Kelvin	SDD-UBIDS	DNS
<u>Place</u>	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
Heat 2		Wind: +0.5 M/S E	
1	Marizuk, Shaibu	KNUST	20.86 Q
2	Owadieh, Opare William	UG	20.95 Q
3	Oppong, Richmond	UEW	21.90 q
4	Baah, Eric	UCC	22.22
5	Nnuro, Francis Kwaku	UDS	22.64
6	Mohammed, Yussif	SDD-UBIDS	23.68
<u>Place</u>	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
Heat 3		Wind: +0.9 (Manual) M/S	
1	Nkrumah, Harrison	UEW	21.98 Q
2	Caleb, Agyei Asiedu	AAMUSTED	22.34 Q
3	Akuta, Francis	SDD-UBIDS	22.56
4	Laar, Gabriel	UENR	22.87
5	Quayson, Emmanuel Abakah	UMAT	22.97
6	Zakaria, Abdul-Mumin	UDS	23.56
7	Acheampong, Christopher	UMAT	24.01

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Results

Event 18 200m Men

Final

<u>Place</u>	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>	<u>Points</u>
Heat 1		Wind: -1.2 M/S SE		
1	Marizuk, Shaibu	KNUST	21.14	10
2	Owadieh, Opare William	UG	21.24	8
3	Cudjoe, Michael	UCC	21.64	6
4	Kyeremateng, Nathaniel	UG	21.88	5
5	Oppong, Richmond	UEW	21.93	4
6	Nkrumah, Harrison	UEW	21.94	3
7	Sherif, Abdul Razak	KNUST	22.03	2
8	Caleb, Agyei Asiedu	AAMUSTED	22.35	1

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Results

Event 19 200m Women

Prelims

<u>Place</u>	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
Heat 1		Wind: -1.9 M/S SE	
1	Agyeman, Florence	KNUST	24.62 Q
2	Agbokpah, Stella	UG	24.91 Q
3	Awuni, Zeinab	UCC	24.96 Q
4	Zong, Mary	UEW	27.02 q
5	Sherifatu, Abdulai	SDD-UBIDS	27.71
6	Senyeabor, Alorsita Seyram	UESD	32.15

<u>Place</u>	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
Heat 2		Wind: +0.9 M/S NE	
1	Kusime, Diamond	UEW	24.66 Q
2	Mensah, Janet	KNUST	24.67 Q
3	Anaglo, Mawusi Priscilla	UG	24.92 Q
4	Afryie, Doris	UCC	26.52 q
---	Clarkson, Perthulla Nyarko	UESD	DNS

Top 3 places + 2 next fastest times advance to next round

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Results

Event 19 200m Women

Final

<u>Place</u>	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>	<u>Points</u>
Heat 1				
Wind: -1.4 M/S SE				
1	Agyeman, Florence	KNUST	24.39	10
2	Mensah, Janet	KNUST	24.40	8
3	Agbokpah, Stella	UG	24.70	6
4	Kusime, Diamond	UEW	24.75	5
5	Awuni, Zeinab	UCC	24.97	4
6	Anaglo, Mawusi Priscilla	UG	25.31	3
7	Afryie, Doris	UCC	26.49	2
8	Zong, Mary	UEW	27.32	1

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Event 20 Pole Vault Men

Final

<u>Place</u>	<u>Name</u>	<u>Affiliation</u>	<u>Mark</u>	<u>Points</u>
Flight 1				
1	Adjei, Matthew	KNUST	3.00	10
2	Maccauley, Emmanuel	UCC	2.80	8
---	Abdulai Wumbei, Obed	KNUST	NH	
1	Antiedu, Peter	UEW	NH	
1	Yussif, Rasheed	UCC	NH	

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Results

Event 21 5000m Women

Final

<u>Place</u>	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>	<u>Points</u>
Heat 1				
1	Aidoo, Mariama	UCC	17:33.95	10
2	Adjei, Elizabeth	UG	18:07.06	8
3	Kundar, Elizabeth	UENR	18:30.19	6
4	Kancho, Mary	UCC	19:10.11	5
---	Abotenkemah, Nina	UENR	DNF	
---	Bawulweri, Felicia	UDS	DNF	
---	Bawumiah, Selina	UDS	DNF	
---	Akumasi, Christiana	UEW	DNF	

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Results

Event 22 Long Jump women

Final

<u>Place</u>	<u>Name</u>	<u>Affiliation</u>	<u>Mark</u>	<u>Wind</u>	<u>Points</u>
Flight 1					
1	Awimpoka, Adonnko Selina	UDS	5.94	-1.7	10
2	Adjei, Agnes Adwoa	UG	5.80	-3.0	8
3	Agnes, Dufie	UDS	5.48	-1.6	6
4	Mensah, Josephine	UEW	5.18	-2.3	5
5	Ayelina, Gloria	UEW	4.86	-2.6	4
6	Adoma, Faustina Akua	UCC	4.82	-1.3	3
7	Arkoh, Peace	UCC	4.78	-2.1	2
8	Azangbeo, Talata Vanessa	UG	4.48	-3.9	1
9	Clarkson, Perthulla Nyarko	UESD	4.06	-1.0	
10	Amuh, Blessing Davida	UPSA	3.09	-3.1	

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Results

Event 23 Javelin Women

Final

<u>Place</u>	<u>Name</u>	<u>Affiliation</u>	<u>Mark</u>	<u>Points</u>
Flight 1				
1	Sumaila, Rukaya	UG	37.60	10
2	Owusu, Belinda	UCC	37.33	8
3	Gazari, Francisca	UDS	34.65	6
4	Arhin, Benedicta	UEW	34.34	5
5	Anane, Muah Jennifer	UPSA	32.93	4
6	Dampson, Justina	UEW	30.92	3
7	Kwopiu, Diana	UCC	30.85	2
8	Donkor, Salamatu	AAMUSTED	27.91	1

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Results

Event 24 4x400m Men

Final

<u>Place</u>	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>	<u>Points</u>
Heat 1				
1	KNUST - 4x400m Men	KNUST	3:06.47	10
2	UG - 4x400m Men	UG	3:08.59	8
3	UDS - 4x400m Men	UDS	3:10.36	6
4	UCC - 4x400m Men	UCC	3:18.30	5
5	UEW - 4x400m Men	UEW	3:19.69	4
6	AAMUSTED - 4x400m Men	AAMUSTED	3:20.08	3
7	UENR - 4x400m Men	UENR	3:26.05	2
---	SDD-UBIDS - 4x400m Men	SDD-UBIDS	DNS	

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Results

Event 25 4x400m women

Final

<u>Place</u>	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>	<u>Points</u>
Heat 1				
1	UG - 4x400m Women	UG	3:44.29	10
2	UCC - 4x400m Women	UCC	3:47.51	8
3	UEW - 4x400m Women	UEW	3:49.72	6
4	KNUST - 4x400m Women	KNUST	3:51.45	5
5	UDS - 4x400m Women	UDS	3:51.75	4
6	UENR - 4x400m Women	UENR	3:55.97	3

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Results

Event 26 1500m Women

Final

<u>Place</u>	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>	<u>Points</u>
Heat 1				
1	Aidoo, Mariama	UCC	4:33.71	10
2	Sarkodie, Hagar	UEW	4:46.07	8
3	Adjei, Elizabeth	UG	4:46.85	6
4	Kundar, Elizabeth	UENR	4:58.25	5
5	Amida, Issaka	AAMUSTED	4:59.59	4
6	Otchie, Treasure Manu	KNUST	5:04.07	3
7	Duah, Sarah	UG	5:11.92	2
8	Bawulweri, Felicia	UDS	5:13.47	1
9	Abotenkemah, Nina	UENR	5:16.23	
10	Akumasi, Christiana	UEW	5:20.12	
11	Ayaayine, Vida	UCC	5:21.55	
12	Bawumiah, Selina	UDS	5:29.53	
---	Arkorful, Alice Andzewa	UMAT	DNF	

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Results

Event 27 4x100m men

Final

<u>Place</u>	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>	<u>Points</u>
Heat 1				
1	UG - 4x100m Men	UG	40.20	10
2	UCC - 4x100m Men	UCC	41.31	8
3	UDS - 4x100m Men	UDS	41.47	6
4	UEW - 4x100m Men	UEW	41.56	5
5	AAMUSTED - 4x100m Men	AAMUSTED	42.56	4
6	SDD-UBIDS - 4x100m Men	SDD-UBIDS	46.23	3
7	GCTU - 4x100m Men	GCTU	46.57	2
---	KNUST - 4x100m Men	KNUST	DNF	

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Results

Event 28 4x100m Women

Final

<u>Place</u>	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>	<u>Points</u>
Heat 1				
1	UG - 4x100m Women	UG	47.02	10
2	UEW - 4x100m Women	UEW	47.47	8
3	UDS - 4x100m Women	UDS	47.54	6
4	KNUST - 4x100m Women	KNUST	47.87	5
5	UCC - 4x100m Women	UCC	47.99	4
---	SDD-UBIDS - 4x100m Women	SDD-UBIDS	DNS	

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Results

Event 29 Triple Jump Women

Final

<u>Place</u>	<u>Name</u>	<u>Affiliation</u>	<u>Mark</u>	<u>Wind</u>	<u>Points</u>
Flight 1					
1	Adjei, Agnes Adwoa	UG	12.44	-3.8	10
2	Mensah, Josephine	UEW	11.42	-3.1	8
3	Arkoh, Peace	UCC	NM	NWI	
3	Sakyi, Scholastica	UG	NM	NWI	

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Results

Event 30 High Jump Men

Final

<u>Place</u>	<u>Name</u>	<u>Affiliation</u>	<u>Mark</u>	<u>Points</u>
Flight 1				
1	Ocansey, Kennedy	UCC	2.12	10
2	Prah, Bismark	UEW	1.95	8
3	Issaka, Usman	UDS	1.90	5.5
3	Marfo, Kelvin	UG	1.90	5.5
5	Amoah, Evans	UEW	1.85	3.5
5	Agbeko, Clifford	UHAS	1.85	3.5
7	Ansah, Emmanuel	UCC	1.75	2
8	Quajan, Ramzy	UMAT	1.70	1
---	Laar, Gabriel	UENR	NH	
---	Acheampong, Christopher	UMAT	NH	

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Results

Event 31 800m Men

Final

<u>Place</u>	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>	<u>Points</u>
Heat 1				
1	Toffic, Bazaa Kurug Morris	UG	1:50.55	10
2	Tininya, Kombat	UDS	1:50.73	8
3	Adama, Salam	KNUST	1:51.13	6
4	Gyibril, Haruna	UCC	1:53.63	5
5	Fuseini, Adam	AAMUSTED	1:56.35	4
6	Aankwatia, Michael	UENR	1:57.74	3
7	Mohammed, Ali Abbas Shaban	UENR	1:58.65	2
8	Zanjina, Musah Mohammed	UDS	1:58.78	1
9	Adeliwine, Akugre Emmanuel	UG	2:01.37	
10	Tetteh, David	KNUST	2:03.07	
11	Yakubu, Adam	SDD-UBIDS	2:04.51	
12	Abugri, Stephen	SDD-UBIDS	2:11.59	
---	Abokyi, Daniel Gawuga	UCC	DNS	
---	Akali, Patrick	UEW	DNS	
---	Ayambila, Martin	UCC	DNS	
---	Lamptey, Matthew Ni	UMAT	DNS	
---	Germain, Kofi	UEW	DNS	

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Results

Event 32 800m Women

Final

<u>Place</u>	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>	<u>Points</u>
Heat 1				
1	Aboagye, Portia	UENR	2:10.41	10
2	Sarkodie, Hagar	UEW	2:13.00	8
3	Nyarko, Daniel Kyei	UENR	2:13.82	6
4	Boamah, Elizabeth	UCC	2:17.02	5
5	Duah, Sarah	UG	2:17.18	4
6	Donkor, Portia	UCC	2:19.92	3
7	Otchie, Treasure Manu	KNUST	2:20.31	2
8	Amida, Issaka	AAMUSTED	2:22.61	1
9	Bawumiah, Selina	UDS	2:28.31	
---	Arkorful, Alice Andzewa	UMAT	DNS	
---	Bawulweri, Felicia	UDS	DNS	
---	suleman, Amdalatu	UEW	DNS	

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Results

Event 33 Discus Men

Final

<u>Place</u>	<u>Name</u>	<u>Affiliation</u>	<u>Mark</u>	<u>Points</u>
Flight 1				
1	Bugase, Rexford	UCC	53.56	10
2	Robertson, Tay	KNUST	49.19	8
3	Baatah, Dramani	UCC	41.46	6
4	Iddrisu, Sharif	UDS	39.05	5
5	Mutalabi, Alhassan	KNUST	38.92	4
6	Apidogo, Raashid Ronald	UG	37.36	3
7	Darkwa, Lucious Oduro	UENR	35.58	2
8	Fiiifi, Addison Narthan	UG	34.56	1
9	Arimiyaw, Alhassan	SDD-UBIDS	30.17	
10	Esono, Enrique	UMAT	29.08	
11	Mohammed, Abdul-Basit	CKT-UTAS	28.56	
12	Mustapha, Sumaila	CKT-UTAS	27.73	
13	Brafo, Godfred	UEW	26.89	
14	Akolga, Prince	UMAT	24.56	
15	Muiz, Abdul	SDD-UBIDS	22.63	
16	Bawa, Abdul Wadud	GCTU	20.24	

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Results

Event 34 Long Jump Men

Final

<u>Place</u>	<u>Name</u>	<u>Affiliation</u>	<u>Mark</u>	<u>Wind</u>	<u>Points</u>
Flight 1					
1	Otchere, Mensah Yeboah	UCC	7.26	-2.6	10
2	Addo, Frank	UDS	6.99	-1.2	8
3	Appiah, George	KNUST	6.82	-1.8	6
4	Akortey, Ebenezer	KNUST	6.78	-2.4	5
5	Oyeyoni, Oyewale-Johnson	UG	6.70	-2.5	4
6	Ansah, Emmanuel	UCC	6.68	-2.6	3
7	Kude, Philip Ifechn	UEW	6.62	-1.4	2
8	Agyemang, Andy Kwabena	UEW	6.49	-1.7	1
9	Zusangbe, Carlos	SDD-UBIDS	6.15	-2.3	
10	Mohammed, Yussif	SDD-UBIDS	5.60	-2.3	
11	Acheampong, Christopher	UMAT	5.56	-1.9	
11	Darko, Joakim	GCTU	5.56	-0.8	
<u>Place</u>	<u>Name</u>	<u>Affiliation</u>	<u>Mark</u>	<u>Wind</u>	<u>Points</u>
Flight 2					
1	Nuhu, Samuel	UENR	5.30	-1.6	

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Results

Event 35 10000m Men

Final

<u>Place</u>	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>	<u>Points</u>
Heat 1				
1	Salifu, Seidu	UG	31:14.74	10
2	Korah, James	UEW	32:14.61	8
3	Oduro, Samuel	UENR	32:40.70	6
4	Alobig, Hamza	UCC	32:58.33	5
5	Fialor, Ishmael	AAMUSTED	33:24.39	4
6	Gyamfi, Joseph	AAMUSTED	33:30.39	3
7	Mohammed, Laar	UDS	33:34.42	2
8	Inusah, Abanga A.	UG	33:53.02	1
9	Anyenaba, Amos	CKT-UTAS	34:35.41	
10	Eduful, Ebenezer	UEW	34:57.41	
11	Bachala, Rahman A.	SDD-UBIDS	35:15.17	
12	Aselise, Abel	UENR	35:54.58	
13	Twum, Amprah	UMAT	39:09.68	
14	Saboggu, Abdul Walid	SDD-UBIDS	39:40.89	
---	Legurbe, Ntefune Joel	UDS	DNF	
---	Djaba, Awatey Gabriel	UESD	DNF	
---	Awine, Emmanuel	CKT-UTAS	DNF	
---	Victus, Akolbilla	UCC	DNF	
---	Armo, Emmanuel	UMAT	DNF	